

R033-0607

10 **A RESOLUTION CONCERNING MANDATORY NUTRITION FACTS PRINTED AND**
20 **POSTED IN RESTAURANTS**

30 **WHEREAS:** People with diabetes have to closely regulate the amount of sugar the enters
40 their bodies; and,

50 **WHEREAS:** If diabetics could more easily see the exact ingredients of the food they order,
60 they would be able to keep themselves healthier and avoid falling into a diabetic
70 coma; and,

80 **WHEREAS:** By seeing the nutrition facts at the table, diabetics would be able to keep blood
90 glucose levels as close to normal as possible; and,

100 **WHEREAS:** Seeing the different types of oils that the restaurants use will enable diabetics to
110 know how their body will metabolize the glucose; and,

120 **WHEREAS:** People with food allergies need to know what ingredients food contains; and,

130 **WHEREAS:** Possible allergens are hidden ingredients, and if easily accessible at the table,
140 people can avoid these allergens and their effects; and,

150 **WHEREAS:** Vegans and vegetarians would also be able to avoid certain ingredients that are
160 not otherwise known; and,

170 **WHEREAS:** People wishing to watch their weight and/or athletes on specific diets would be
180 better able to manage such regimes by seeing exact ingredients; and,

190 **WHEREAS:** Many doctors and nutritionists across the United States advise patients to eat
200 healthy meals, requiring knowledge of specific ingredients without asking the
210 waitstaff; and,

230 **WHEREAS:** Nutrition facts posted at every table will not only help people needing this
240 information, it will encourage other Americans to eat healthier, helping to cure
250 this country's obesity epidemic.

260 **THEREFORE BE IT RESOLVED:** That the Maryland Student Legislature urges that the
270 Maryland General Assembly pass and the Governor sign legislation mandating
280 that all restaurants in the state of Maryland have nutrition facts and ingredients
290 for all dishes printed and available at upon request of the consumer.

360 **MANDATES:** Martin O'Malley, Governor of Maryland
370 Anthony G. Brown, Lieutenant Governor of Maryland
380 Ben Cardin, United States Senator
390 Barbara Mikulski, United States Senator
400 John M. Colmers, Secretary of the Maryland Department of
410 Health and Mental Hygiene

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