

**R033-0607**

10     **A RESOLUTION CONCERNING MANDATORY NUTRITION FACTS PRINTED AND**  
20     **POSTED IN RESTAURANTS**

30     **WHEREAS:**     People with diabetes have to closely regulate the amount of sugar the enters  
40                     their bodies; and,

50     **WHEREAS:**     If diabetics could more easily see the exact ingredients of the food they order,  
60                     they would be able to keep themselves healthier and avoid falling into a diabetic  
70                     coma; and,

80     **WHEREAS:**     By seeing the nutrition facts at the table, diabetics would be able to keep blood  
90                     glucose levels as close to normal as possible; and,

100    **WHEREAS:**     Seeing the different types of oils that the restaurants use will enable diabetics to  
110                    know how their body will metabolize the glucose; and,

120    **WHEREAS:**     People with food allergies need to know what ingredients food contains; and,

130    **WHEREAS:**     Possible allergens are hidden ingredients, and if easily accessible at the table,  
140                    people can avoid these allergens and their effects; and,

150    **WHEREAS:**     Vegans and vegetarians would also be able to avoid certain ingredients that are  
160                    not otherwise known; and,

170    **WHEREAS:**     People wishing to watch their weight and/or athletes on specific diets would be  
180                    better able to manage such regimes by seeing exact ingredients; and,

190    **WHEREAS:**     Many doctors and nutritionists across the United States advise patients to eat  
200                    healthy meals, requiring knowledge of specific ingredients without asking the  
210                    waitstaff; and,

230    **WHEREAS:**     Nutrition facts posted at every table will not only help people needing this  
240                    information, it will encourage other Americans to eat healthier, helping to cure  
250                    this country's obesity epidemic.

260    **THEREFORE BE IT RESOLVED:** That the Maryland Student Legislature urges that the  
270                    Maryland General Assembly pass and the Governor sign legislation mandating  
280                    that all restaurants in the state of Maryland have nutrition facts printed and  
290                    available at every table.

360    **MANDATES:**     Martin O'Malley, Governor of Maryland  
370                     Anthony G. Brown, Lieutenant Governor of Maryland  
380                     Ben Cardin, United States Senator  
390                     Barbara Mikulski, United States Senator  
400                     John M. Colmers, Secretary of the Maryland Department of  
410                     Health and Mental Hygiene

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