

R015-0607

10 **A RESOLUTION CONCERNING PHYSICAL EDUCATION IN PUBLIC**
20 **HIGH SCHOOLS**

30 **WHEREAS:** “Maryland has adult obesity rates of 23.4 percent,” and is therefore ranked the
40 29th heaviest state in the country; and,

50 **WHEREAS:** It is a national goal to reduce the obesity rates in the country to 15 percent by
60 the year 2010; and,

70 **WHEREAS:** Nationally, 30.4 percent of adolescents aged 12-19 are overweight and 15
80 percent are obese; and,

90 **WHEREAS:** Pennsylvania already requires mandatory physical education at all grade levels,
100 with time requirements varying by grade level; and,

110 **WHEREAS:** New York public schools require 120 minutes of physical education each
120 week; and,

130 **WHEREAS:** It is a largely accepted fact that athletics promote such vital social skills as
140 teamwork and sportsmanship in adolescents.

150 **THEREFORE BE IT RESOLVED:** That the Maryland Student Legislature urges the
160 Maryland General Assembly to pass legislation requiring all students in
170 public high schools in Maryland to take, on average, 150 minutes of physical
180 education classes per week each semester for three years; and,

190 **BE IT FURTHER RESOLVED:** That each student should be required to take the same general
200 physical education course their freshman year of high school, and shall then be
210 offered a number of choices of physical education classes to choose from after
220 their freshman year; and,

230 **BE IT FURTHER RESOLVED:** It shall be up to the discretion of each county in Maryland how
240 new physical education classes will be worked into their credit system; and,

250 **BE IT FURTHER RESOLVED:** That the Maryland Student Legislature urges the Governor to
260 sign such legislation.

270 **MANDATES:** Robert L. Ehrlich, Governor of Maryland
280 Michael Steele, Lieutenant Governor of Maryland
290 Thomas V. Mike Miller, Jr., President of the Senate
300 Mike E. Busch, Speaker of the House of Delegates
310 Nathaniel J. McFadden, Senate Majority Leader
320 Kumar P. Barve, House Majority Leader
330 J. Lowell Stoltzfus, Senate Minority Leader
340 George C. Edwards, House Minority Leader

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