

**R011-0506**

10     **A RESOLUTION CONCERNING EDUCATION AND THE HEALTH AND**  
20     **WELL BEING OF MARYLAND STUDENTS**

30     **WHEREAS:**     The Maryland State Department of Education requires only one  
40                     half credit of physical education to receive a High School diploma;  
50                     and,

60     **WHEREAS:**     The Surgeon General suggests that every American should have at  
70                     least thirty minutes of exercise a day; and,

80     **WHEREAS:**     Over twenty percent of Maryland citizens are obese; and,

90     **WHEREAS:**     Childhood obesity can result in such health risks as type two  
100                    diabetes, asthma and hypertension.

110    **THEREFORE BE IT RESOLVED:** The Maryland Student Legislature urges  
120                    the Maryland General Assembly to enact legislation requiring all  
130                    Maryland students to have thirty minutes of physical education  
140                    every school day; and,

150    **BE IT FURTHER RESLOVED:** The Maryland State Department of Education  
160                    should consider a more advanced physical education program for  
170                    those children who are already obese.

180    **MANDATES:**     Robert L. Ehrlich, Governor of Maryland  
190                    Mike E. Busch, Speaker of the House of Delegates  
200                    Thomas V. Mike Miller, Jr., President of the Senate  
210                    Nancy S. Grasmick, Maryland State Superintendent of Schools  
220                    Edward L. Root, President of the Maryland Board of Education

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